Birding Field Trip to Vancouver’s North Shore Mountains and Coast  
Sponsored by British Columbia Field Ornithologists – www.bcfo.ca

Date: Sunday, 19 August, 2011
Time: 06:30-14:30
Cost: $75.90 per person, plus 12% HST
Minum #s: 18 participants per bus (max 2 buses)
Meal: Bag lunch will be provided
Other tips: Bring a jacket for higher elevation where it can be cool

On this tour of Vancouver’s North Shore, we will visit a number of habitats at various elevations from sea-level to approximately 1,000m. Habitat types will include rocky shorelines, tidal mudflats, remnant old-growth Douglas fir forest, second-growth forests, and old-growth mountain hemlock forest at higher elevations.

Our first stop of the day will be Maplewood Flats Conservation Area where we will not only observe low-elevation forest species, but also those birds using the area of tidal mudflats preserved here. From there we will head west to Lighthouse Park and walk down to the shoreline through a magnificent 500 year-old Douglas Fir forest to enjoy both forest species and waterbirds.

Leaving the lower elevations, we next head up the North Shore mountains to the Cypress Bowl area. Here we will take an approx 2 km walk to the small sub-alpine, wetland-fringed, Yew Lake, and include a short loop through a stand of old-growth mountain hemlock, while searching for bird species typical of the mid-elevation mountains.

Target species for the day will include: Sooty Grouse, Osprey, Bald Eagle, Band-tailed Pigeon, Black and Vaux’s Swifts, Anna’s and Rufous Hummingbirds, Red-naped Sapsucker, Olive-sided, Hammond’s and Pacific-slope Flycatchers, Hutton’s Vireo, Gray and Steller’s Jays, Purple Martin, the recently split Pacific Wren, Hermit and Varied Thrushes, Black-throated Gray, Townsend’s and MacGillivray’s Warblers, Western Tanager, and Black-headed Grosbeak.